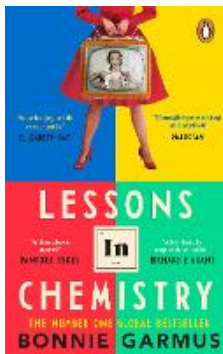


BOHILL PARTNERS BOOK CLUB

Our annual Bohill Partners book club is a round up of books, podcasts, movies and series, recommended to us by the leaders of the Real Assets industry. There's something for everyone here and we hope you come away inspired, entertained and raring to go post your summer break! Not all readers are leaders, but all leaders are readers - said Harry Truman. Funnily enough, he didn't mention anything about Netflix boxsets or podcasts - but you get the picture!

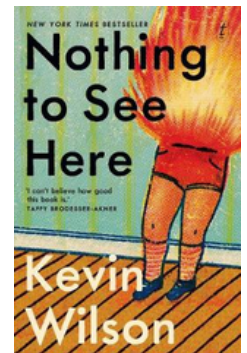


"Lessons in Chemistry" by Bonnie Garmus

"Lessons in Chemistry" follows Juliet Arlington, a determined young scientist in the 1960s, as she navigates the challenges of a male-dominated field. Amidst her pursuit of breaking barriers, Juliet confronts her past and learns the importance of self-acceptance and embracing her true passions.

"Nothing to See Here" by Kevin Wilson

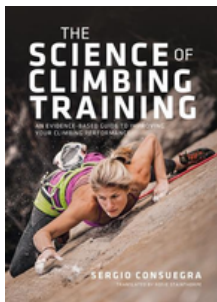
"Nothing to See Here" is a heartwarming tale of Lillian's journey as she cares for her friend's twin stepchildren, Bessie and Roland, who spontaneously burst into flames when upset. Through this unique responsibility, Lillian learns valuable lessons about compassion, acceptance, and the power of familial bonds.





Ultramarathon Man: Confessions of an All-Night Runner" by Dean Karnazes

In "Ultramarathon Man," Dean Karnazes shares his extraordinary journey as an endurance athlete, pushing the limits of human capability. Karnazes recounts his experiences running extreme distances, often through the night, and delves into the mental and physical challenges he faces. This inspiring memoir offers insights into the mind of an ultra-distance runner and the determination required to achieve remarkable feats.



"The Science of Climbing Training" by Sergio Consuegra and Rosie Stainthorpe

Exploring various training methodologies, exercises, and techniques to help climbers improve their strength, endurance, and overall performance. Whether you're a beginner or an experienced climber, this book provides valuable insights into the world of climbing training, offering practical tips to enhance your climbing abilities and reach new heights.

"Legacy" by James Kerr

"Legacy" delves into the culture and success of the New Zealand All Blacks rugby team, known for their sustained dominance in the sport. James Kerr explores the team's values, rituals, and leadership principles that have contributed to their extraordinary achievements. Drawing on interviews with players and coaches, this book provides valuable lessons on teamwork, resilience, and creating a winning mindset.

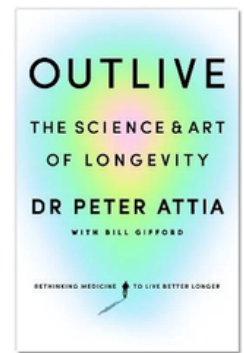
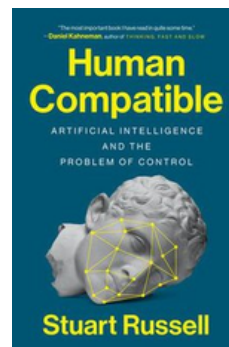


"What I Talk About When I Talk About Running" by Haruki Murakami

In this introspective memoir, Haruki Murakami reflects on his experiences as both a novelist and a dedicated long-distance runner. Murakami explores the parallels between writing and running, delving into the mental and physical discipline required for both pursuits. This contemplative book offers personal insights and reflections on the nature of endurance, creativity, and the pursuit of personal fulfilment.

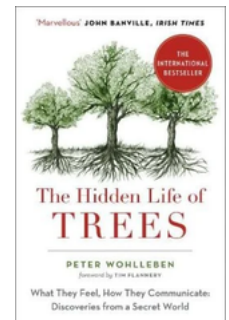
"Human Compatible" by Stewart Russell

Stewart Russell's "Human Compatible" delves into the intricate relationship between humans and artificial intelligence (AI). Exploring the potential risks and benefits of AI, Russell advocates for aligning AI systems with human values to ensure their compatibility and to prevent unintended consequences. This insightful book serves as a guide to understanding the challenges and ethical considerations surrounding AI development and its impact on society.



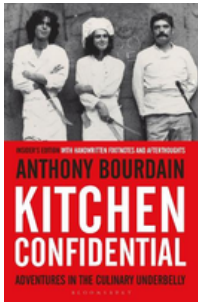
"Outlive: The Science & Art of Longevity" by Peter Attia

Attia explores the secrets of living a longer, healthier, and more fulfilling life. Delving into the science of aging, lifestyle factors, and strategies for promoting longevity Attia provides practical advice on nutrition, exercise and stress management. We are also given useful methods to enhance our own wellbeing and increase our chances of living a vibrant and full life.



"The Hidden Life of Trees" by Peter Wohlleben

"The Hidden Life of Trees" offers a mesmerising exploration of the natural world and the complex lives of trees and of the forests they grow within. Wohlleben demonstrates the interconnectedness of forests, discussing topics such as tree communication, their ability to sense and respond to their environment, and the intricate web of relationships within forest ecosystems. This fascinating book provides a fresh perspective on the wonders of nature and the hidden lives of the plant kingdom.



"Kitchen Confidential" by Anthony Bourdain

This New York Times bestseller is an adventure from start to finish. Follow American chef, Anthony Bourdain, as he shares an eye-opening glimpse into the "culinary underbelly" of professional cooking. Witty, funny and at times shocking, this book is fast-paced and hard to put down as you learn the trials and tribulations of Bourdain's early career. Whether working his way up from pot washer to 'Cordon Bleu' chef, or restaurant closures and dealing with the "gangsters" of the restaurant industry, this book is well worth a read.

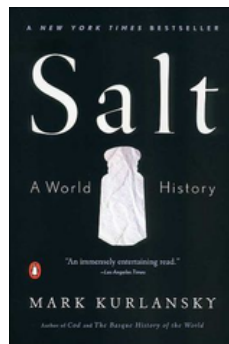
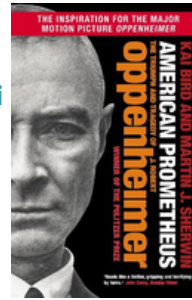


"Why We Sleep" by Matthew Walker

Sleep expert and neuroscientist Matthew Walker sheds light on the fundamental impact of one of the most important and least researched parts of our life. Also known for his powerful TED talks, Walker shares the science behind why we need to sleep, and the devastating health consequences if it is not prioritised. This is an eye opening – ironically – must read.

"American Prometheus: The Triumph and Tragedy of J. Robert Oppenheimer" by Kai Bird and Martin J. Sherwin

For those who can't get enough of "Barbenheimer" mania this summer, this New York Times Bestseller and Pulitzer Prize winning biography is a detailed and definitive look into the life of J. Robert Oppenheimer, one of the lesser known, but world-defining characters of the 20th century. This biography, 25-years in the making, is a masterful account of Oppenheimer's rise and fall in America – and the devastating impact caused by the creation of the first Atomic bomb.

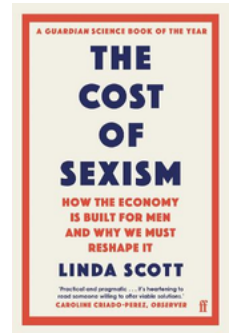
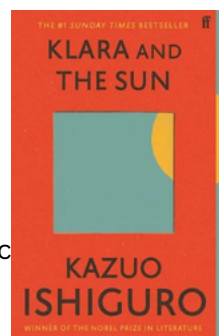


"Salt: A World History" by Mark Kurlansky

An enlightening non-fiction book sharing the surprising and, at times, shocking history of an unusual protagonist – Salt. From being used in mummification for the Ancient Egyptians, to preserving meat in the middle ages and being more expensive than gold, this book shares the intriguing story of one of the most common household items found today. Kurlansky fills the tale with larger than life characters and never-ending fascinating details – this is entertainment and education at its finest.

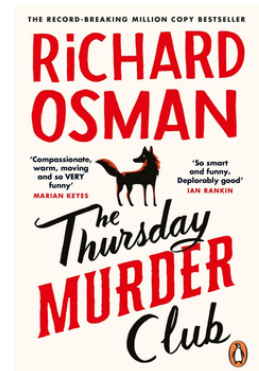
"Klara and the Sun" by Kazuo Ishiguro

Exploring the complex relationship between humans and artificial intelligence through the eyes of Klara, an empathetic AI companion. Set in a futuristic world, the story delves into ethical considerations and the impact of AI on human connections and society.



"Cost of Sexism" by Linda Scott:

In "Cost of Sexism," Linda Scott delves into the far-reaching consequences of sexism in society. Drawing on extensive research and real-life examples, Scott explores how gender discrimination impacts individuals, organizations, and economies. This thought-provoking book sheds light on the hidden costs of sexism and offers insights on creating a more equitable future.



Richard Osman's Thursday Murder Club series

Richard Osman's Thursday Murder Club series is a delightful and intriguing collection of mystery novels. Set in a retirement community, a group of witty and cunning senior citizens comes together to solve cold cases and unravel intricate puzzles. Osman masterfully combines humour, suspense, and clever plot twists, making these books a delightful read for fans of cosy mysteries.

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Barbie

The No.1 smash hit of the Summer, Barbie is an entertaining, empowering, candy coloured tour-de-force from the minds of Greta Gerwig and Noah Baumbach. Centred around the much-loved Mattel dolls, Barbie and Ken, this film takes you on a Dorothy-esque adventure that is filled with laughs, extraordinary visuals and a powerful message underneath the plastic. A piece of escapism that will leave you wanting to head straight back into "Barbieland".

Where to watch: All major cinemas

Oppenheimer

Albeit less pink and with fewer laughs, Oppenheimer is a must-see epic, focused on the trials and tribulations of Robert J. Oppenheimer, America's "father of the atomic bomb". A dramatic biopic focused on the truly thrilling development of the first nuclear bombs, dropped on Hiroshima and Nagasaki during the Second World War, Oppenheimer is a harrowing and masterful film, full of Oscar-worthy performances and harsh audience-reminders about the perils of harnessing nuclear power.

Where to watch: All major cinemas



Rush

"Rush" is an exhilarating biographical sports drama depicting the fierce rivalry between Formula 1 drivers James Hunt and Niki Lauda in the 1976 racing season. The movie explores the balance of risk and reward in high-stakes racing and the limits of healthy competition, delving into the contrasting approaches of the charismatic risk-taker, Hunt, and the disciplined strategist, Lauda.

Where to watch: Netflix, Amazon Prime, Apple TV



Yellowstone

A captivating drama series centered around the Dutton family, owners of the largest ranch near Yellowstone National Park. Led by patriarch John Dutton, they face constant threats from developers and rivalries, while navigating complex family dynamics and the delicate balance between man and nature.

Where to watch: Paramount+, Amazon Prime, Apple TV



The Bear

The popular US TV show The Bear centres around a young chef who leaves the world of fine dining to return to his family's sandwich shop in Chicago, following a death in the family. An unexpected smash hit in 2022, this series returns for a thrilling second season as we enter the cut-throat, chaotic world of restaurant culture.

Where to watch: Disney+

The White Lotus

Revolving around the lives of guests and staff at a luxurious Hawaiian resort. Set against a backdrop of paradise, the show explores the interwoven stories of the characters, revealing their personal struggles, secrets, and desires during their stay. With a mix of dark humor and social commentary, "The White Lotus" offers a thought-provoking look at privilege, power dynamics, and human nature.

Where to watch: Amazon Prime, Apple TV



The Last of Us

From the writers of Chernobyl, this TV show has been hailed as the best of the year – a thrilling tale of human relationships and true grit, set in an eerie and threatening post-apocalyptic

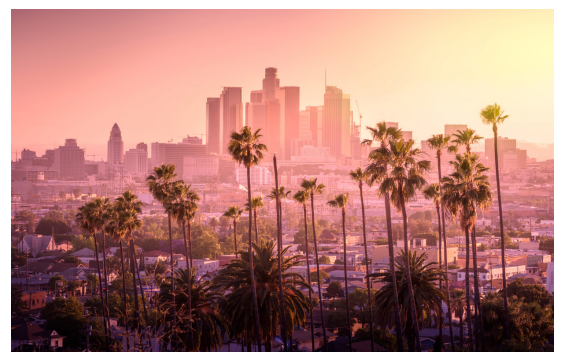
world that doesn't seem far off reality. Even if at first look this "isn't for you", the zombie-apocalypse undertone is the least interesting thing about this heart-wrenching and exceptionally acted tale of survival.

Where to watch: Now TV, Sky, HBO

Selling Sunset

A captivating reality TV series centered around the glamorous world of luxury real estate in Los Angeles. The show follows a group of elite real estate agents at The Oppenheim Group as they compete for high-end listings and navigate the cut-throat world of property sales. Beyond real estate, "Selling Sunset" offers a glimpse into the personal lives and relationships of the agents, showcasing the challenges and rewards of their fast-paced careers.

Where to watch: Netflix



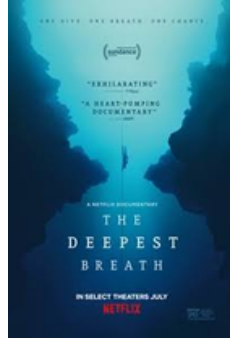
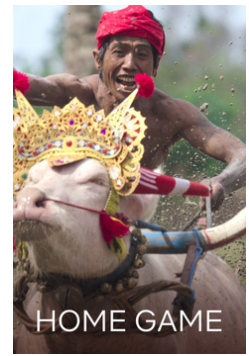
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Home Game

Spread across eight, easy to watch and highly enjoyable episodes, narrated by the great Mark Strong, Home Game explores some of the world's most unusual and dangerous sports. From roller derby, to the highland games and bare-knuckle boxing/"rugby", these 30-minute episodes will have you laughing, reeling and re-defining what it means to be "tough".

Where to watch: Netflix



The Deepest Breath

Deepest Breath is a moving documentary film following the story of a female free diver looking to break a world record with the help of an expert safety diver. This film is awe inspiring and heart breaking at times, showing you the true meaning of passion, bravery and human spirit.

Where to watch: Netflix

The River Runner

The inspiring and moving story of Scott Lindgren, an American Kayaker (who was diagnosed and still lives with a cancerous brain tumour) who sets out to become the first – and only – man in history to paddle the four great rivers flowing from Tibet's Mount Kailash. This adventurous tale demonstrates the true danger of adventure sports and the strength of friendship and willpower in adversity.

Where to watch: Netflix



Welcome to Wrexham

For a bit of light relief, and for all those football lovers out there, Welcome to Wrexham is an exciting and inspirational look into the take over of the third-oldest professional football club in the world, Wrexham AFC. This is a true underdog tale, spearheaded by two watchable and well-loved characters in Ryan Reynolds and Rob McElhenry.

Where to watch: Disney + and Hulu

Limitless

As health and fitness become ever more prevalent topics in today's world, actor Chris Hemsworth explores and tests some of the most well-known recipes for living better and for longer. With the help of the world's best, and cheered on by friends and family, learn what it truly takes to try and turn back the clock and to upgrade your body and mind.

Where to watch: Disney + and Hulu





Exhibitions to catch in London

We recommend the **David Hockney: Bigger & Closer** exhibition at the London Lightroom– on until 1st October.

For the foodies out there Hampton Court is hosting the **Hampton Court Food Festival** on 26th August, the **British Street Food Awards 2023** hosts its final at 10pm on 18th August at Hackney Bridge.

Summer by the River is still on until 1st September, spread across The Scoop, Hay's Galleria and The Pier. Come along to enjoy film and theatre spectacles, pop-up events and “New Music Nights” throughout the summer.

Podcasts

For anyone looking for an escape from the day-to-day, **Crimetown** is a thrilling podcast exploring the history of several mafia-linked crimes across towns in America. With Season 1 already available and Season 2 releasing episodes every week, Crimetown is an exciting way to escape the commute, whilst understanding the culture and politics behind the true crime.

For those beady eyed readers, who will have noted our past recommendation of the book *Bad Blood*, you can now gain further insight into the unbelievable story of Elizabeth Holmes and Theranos in **The Dropout**. The 25-episode podcast takes us from the idealism of Holmes’ early days to the thrilling trial and downfall of one of Silicon Valley’s most notorious CEOs. A lesson in people management, overstretched ambition and the importance of checking the details – this podcast is sure to keep you on your toes from start to finish.

Theatre Shows in London

For a different night out at the theatre, try Punchdrunk’s **The Burnt City**, an immersive event touching upon the myths and legends of Greek Mythology and the fall of Troy. Suitable for those aged 16 and above, this thrilling production allows you piggyback on some of the biggest names in history, exploring an entire universe created within two giant former-Arsenal buildings in Woolwich. This is immersive theatre at its finest, recreating a well-known story as you’ve never seen it before. Playing until 24th September.



For a more traditional approach, Michael Frayn's classic comedy, **Noises Off** returns to the Theatre Royal Haymarket in September. This West-End transfer is sure to have you and the whole family falling off your seats with laughter – a thoroughly enjoyable night out.



As with last year, we've got a few suggestions of how best to use the last weeks of summer outside of London, keeping it green on the railway:

Yayoi Kusama: You, Me and The Balloons (Manchester) – 19th July – 28th August

Don't miss the last few weeks of Japanese Artist, Yayoi Kusama's largest ever immersive art show, celebrating three decades of her pioneering work. From rooms full of giant tendrils or constellations of polka-dots, this exhibition is definitely worth trying to get into – although tickets are almost sold out!



Trains from 2h 15m, Direct

Edinburgh Fringe (Edinburgh, Scotland) – 4th August– 28th August

A well-loved "Mecca" for theatre lovers, the Edinburgh Fringe is home to a spectacle of theatrical classics, improv events, comedy shows and so much more. There are still a few weeks left to take a few days exploring the sites of historic Edinburgh, whilst experiencing world-class (and not-so-world-class!) entertainment.

Trains approx. 4h 15m, Direct

Jane Austen Festival (Bath) – Friday 8th to Sunday 17th September

If you need a few more weeks to plan ahead, why not take the train down to the UNESCO World Heritage city of Bath, where you can explore everything from breath-taking country walks on the city's doorstep or historical delights dating back to the Roman times. If you plan your trip around early September, you'll also be in town for the annual Jane Austen festival, celebrating the world-famous author in one of her favourite cities (and hometown from 1801-1806). From costumed parades to regency picnics, this event is surely fun for all the family as the school year kicks off again.



Trains approx. 1h 20m, Direct

Neil Slater has been appointed as the new CEO of Redevco, effective from 1st October 2023. He leaves his role as Global Head of Real Estate and Real Assets at abrdn.

Patrizia have appointed **Asoka Wöhrmanns** Chief Executive Officer. He joins from DWS Investments, where he was also Chief Executive Officer.

Andrea Ruckstuhl has become the new CEO of Lendlease in Europe. He has worked for the company since 2005 and was previously a Director, EMEA.

Having left his role as CEO of Adina Apartment Hotels, **Simon Betty** has joined Northwest Healthcare Properties REIT as their Head of Europe.

Jürgen Fenk joins Eastdil Secured as a Managing Director having previously been the Group CEO of Primonial REIM.

Duncan Owen has become Chairman for Sellar Property Group, leaving Immobel Capital Partners where he was Chief Executive Officer.

Neil Smith has been appointed Chief Financial Officer at Castleforge. In his previous roles, Neil was Chief Operating Officer of Invest & Fund, as well as Head of Fund Finance and Operations at Bridgepoint.

Katie Rogers has left her role as Chief Financial and Operating Officer at Telford Homes and will join Greencore Homes as their new CFO from Autumn 2023.

AJ Dawes has accepted a role as Chief Financial Officer at Brydell Partners. He previously worked in Brookfield Asset Management's finance team as a Senior Vice President.

Alexander Gebauer has become a Senior Partner at Palm Capital. Until recently he had been the Chief Executive Officer, Western Europe at Allianz Real Estate.

Deloitte have appointed **Michelle Kite** and **Hari Sothinathan** as Partners. Kite joins from Grosvenor Property, whilst Sothinathan joins from Gerald Eve. Alongside this, the firm have hired **John Vaudinas** a Managing Director. He joins the firm from Round Hill Capital, where he had held a similar role.

Alexis Gisselbrecht has been hired as Head of Portfolio Management, Europe at Harrison Street. He joins the firm from AXA Investment Managers, where he had been a Senior Fund Manager.

Robin Hubbard has joined M&G Real Estate as their Global Head of Investor Relations and Investment Specialists. He leaves Schroders, where he was Head of Real Estate Capital Formation.

Hiti Singh has been appointed as Head of EMEA, Alternatives Client Management at Columbia Threadneedle Investments. She joins from New End, where she was a Managing Partner.

DeA Capital Partners have hired **Ashley Marks** as Head of Capital Advisory. He joins from Newbridge Capital Partners, where he was formerly a Partner.

Lisa Feifer has become Head of Investor Relations at Civitas Investment Management. She was previously a Partner with responsibility for investor relations at Orion Capital Managers.

Dietrich Heidtmann has been appointed Head of Global Capital Formation at AREIM. He joins from GTIS Partners where he was Managing Director and Head of International Capital Markets.

CBRE Investment Management has hired **Kilian Toms** as Managing Director and Global Fund Manager. Killian previously worked for Sera Global as a Partner in their real estate team.

Amirali Kasraie has accepted a role at Europa Capital as a Managing Director. He joins from Swiss Life Asset Managers, where he worked as a Senior Portfolio Manager.

Patrizia have hired **Erik Beets** as a Managing Director in their Amsterdam office. He joins the firm from 5QRE and had previously spent almost five years with Patrizia from 2014 to 2019.

Caroline Pellmann has joined Nuveen as Senior Director with responsibility for European real estate debt. Prior to joining Nuveen, Caroline worked at Berlin Hyp as Director, Origination International Investors.

Rodrigo Cortes joins Tishman Speyer as a Managing Director. His previous role was at Azora as Head of Client Development.

DWS have appointed **Jessica Hardman** to lead the firm's UK-based operations. She has worked for the business since 2017 and takes on this responsibility in addition to her existing role as Head of European Portfolio Management.

Legal and General have hired **Hayley Holness** as Head of Investment for LGRI Real Estate Housing. She was previously Head of New Business at Lendlease.

Wolfgang Ködel has been hired by NREP as their new Head of Germany. He leaves BlackRock, where he was a Managing Director.

Linus Nilsson has become Head of Nordics for Pictet Alternative Advisors. In his most recent role, he was CIO of SBF.

Andrew Lockett has joined Round Hill Capital as a Senior Vice President in their residential asset management team. He was previously with H.I.G Capital as a Director in their European real estate team.

Savills has hired **John Rubbert** to join their debt advisory team. He joins from Wells Fargo where he was Co-Head of Origination.

Oxford Properties has hired **Tina Pristovsek** as Vice President, Real Estate Finance and Capital Markets for Europe. She was previously a Director at Bank of America Merrill Lynch.

Multi Corporation have hired **Rogier Hetterschijt** as a Head of Acquisitions. He joins the firm from International Campus Group, where he had been a Head of Acquisitions for the Netherlands.

Robert Červinka has joined Activum SG as their new Head of Special Situations, having previously been a Managing Partner at Aspera Capital.

Vivian Bouquery has joined Nuveen as Head of Logistics for France. Previously, he was at Patrizia as a Director, Asset Management in France.

Will Preece has left Canmoor where he was an Asset Manager and has joined Boreal Investment Management as their Head of UK Asset Management.

Lynn Smith has been appointed as Portfolio Director at M&G Real Estate, joining from Europa Capital where she was Head of Development.

Gaelle Cassini has been appointed as a Principal at The Carlyle Group. She was previously a Principal in the real estate asset management team of H.I.G Capital.

Helen Newman has joined Fabrix as Director of Sustainable Investing. Helen joins the firm CBRE where she worked as the Head of Sustainable Capital.

Will Preece has left Canmoor where he was an Asset Manager and has joined Boreal Investment Management as their Head of UK Asset Management.

CapMan Real Estate have made two appointments in **Tommy Lindblom** and **Matthias Ljungberg** as Investment Directors. Lindblom leaves Nyfosa AB, where he had been a Regional Manager, whilst Ljungberg joins from Scius Partners where he had been an Asset and Investment Manager.

Keith Bailey joins RE Capital as an Investment Director. He was previously an Investment Director at Grosvenor Group.

Maxime Sieradzki has moved to Oaktree Capital Management as a Senior Vice President. He leaves Aventicum Capital, where he was a Director for Investments in the UK and continental Europe.

Fabio Cozzolino has been hired into Oaktree Capital Management as Vice President, Performing Credit. Previously he was at Tikehau Capital in their real estate and special situations team.

Michael Berditchewsky has left LaSalle where he was Vice President, Debt Investment. He joins Precede Capital Partners as an Associate Director.