



. SUMMER . TRAVEL . BAG .

Books to while away your evenings...

Four Thousand Weeks: Time Management for Mortals, Oliver Burkeman

Burkeman's idea remains a simple one – take time management to new heights. If you think you know how to manage your week, Burkeman asks you how you're managing your life. What will you do with the four thousand weeks that make it up? This is a meditative and restorative book for moments of quiet reflection.

Quiet: The Power of Introverts in a World That Can't Stop Talking, Susan Cain

Are you an introvert or extrovert? According to science, at least a third of us are introverts. However, it is a quality that is often seen as negative. In *Quiet*, Susan Cain persuasively challenges this view and passionately argues for the power of introverts. Impeccably researched and filled with stories of real people, this transformative book will permanently alter how you see yourself and others.

The Overstory, Richard Powers

A delicate novel charting the experiences of nine Americans and their relationship to the natural world and deforestation. *The Overstory*, though melancholic in its themes, remains a hopeful piece. Having won the Pulitzer back in 2019, it's no wonder that Netflix are reportedly looking to adapt it.

Any Human Heart, William Boyd

Charting the life of the fictional Logan Mountstuart, William Boyd paints a vivid picture of the twentieth century through the eyes of a writer, turned spy, then destitute academic. A poignant narrative that traces the last century with stunning sensitivity.

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The Outsiders, William Thorndike

Thorndike grants the reader an insight into the lives and management styles of eight 'unconventional' and overperforming CEOs. Often keeping under-the-radar, yet attached to high-profile companies, these CEOs are all characterised by certain traits – notably a humility, frugality and rationality that has built them empires.

The Last Emperor of Mexico: a Disaster in the New World, Edward Shawcross

The Last Emperor of Mexico follows the reign of the bumbling Maximilian, who made the journey from Austria across Europe and the Atlantic to take the throne of Mexico in the 1860s. Expertly researched, Shawcross uncovers how this disaster of epic proportions set a new world order.

This is your Everest: The Lions, the Springboks and the Epic Tour of 1997, Peter Burns and Tom English

Tom English and Peter Burns retrace the momentous tour of the 1997 British and Irish Lions to South Africa, where they would play the reigning world champions – the Springboks. A riveting tale of the battle between two iconic teams, diving beneath the surface of the match to unpick rivalries and the social tensions alike.

Improvise, Max Dickins

Even improvisation has rules. Comedian and business coach Max Dickins builds on one simple belief – that a comedian's ability to improvise can be translated into the workplace. An accessible, funny and transformative surprise of a book.

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Dare to Jump: Everything You Want is on the Other Side of Fear, Cedric Dumont

When it comes to facing your fears, who better to take advice from than a base jumper? Dumont's principle is a simple one – facing your fears forces you to be decisive, and to do so, you must know yourself. This book encourages you to push your limits, retrain your mind, and learn how to harness fear into performance.

Humankind, Rutger Bregman

Bregman advocates for the fundamental decency of human nature. This book traces human history, philosophy and anthropology and delves into the works of various authors creating an intriguing and fascinating read. Bregman produces a fiercely optimistic book in pessimistic times.

You Can Be A Stock Market Genius, Joel Greenblatt

Greenblatt has collated a variety of case studies and anecdotes, compiling a compelling guide to investing from his years as a fund manager. A conversational – if not chatty – book, this is sure to make seasoned professionals and newcomers to the world of the stock market smile.

The Offing, Benjamin Myers

Set in the quaint Yorkshire village of Robin Hood's Bay in the period just after World War II, this beautiful novel touches on themes of friendship, ambition, class and gender. The unlikely friendship that is formed between Dulcie and Robert provides a witty narrative creating a highly enjoyable story that is perfect summer reading.

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The Corfu Trilogy, Gerard Durrell

What better way to escape city life than through Gerard Durrell's Corfu Trilogy? Charting his family's move to a run-down villa on a Greek Island in the 1930s, and surrounded by all manner of animals, the celebrated naturalist's famously hilarious memoirs will make even the most stoic of readers smile.

Agent Sonya: Moscow's Most Daring Wartime Spy, Ben Macintyre

We recommended Ben Macintyre's 'The Spy and the Traitor' last year – this year, we're recommending 'Agent Sonya'. Macintyre uncovers the history of the lesser-known Soviet intelligence officer Ursula Kuczynski – in a fast-paced tale across Germany, China, Poland, Switzerland and England. A must-read for fans of espionage, history buffs and globe trotters alike.

Leonardo Da Vinci, Walter Isaacson

This is an incredible insight into the life, mind and art of Leonardo Da Vinci. Highly researched, Walter Isaacson, opens the door wide open into the realm of Leonardo's life, highlighting his unusual upbringing, his peculiar lifestyle alongside a detailed analysis of his genius. A brilliant mathematician, a meticulous artist and an engineer with knowledge far beyond his time, this book will make everyone want to be a "little more Leonardo."

Movies to get lost in...

King Richard (2021)

An ambitious biopic of the father and coach behind Venus and Serena Williams. Starring Will Smith in the lead role, King Richard is a touching tale that delves both into the difficulties of competitive sport and the highs and lows of marrying this with family life.

Where to watch: Amazon Prime.

Calvary (2014)

Set over the course of a week, this film opens in a confessional. Catholic priest, Father James (Brendan Gleeson), is told by an unseen parishioner that he will be killed next Sunday as revenge for the abuse that this anonymous parishioner suffered at the hands of another priest as a child. A portrait of desperation and trauma in a small community, Calvary remains masterful in its sensitivity.

Where to watch: Disney Plus, Amazon Prime and Apple TV.

Three Billboards Outside Ebbing Missouri (2017)

Frances McDormand stars as a Missouri mother who, following the unsolved rape and murder of her daughter, rents three billboards outside her town to draw attention to police inaction. Dark and on occasion deeply harrowing, this is an unmissable film for these times.

Where to watch: Disney Plus.

Where the Crawdads Sing (2022)

We recommended the book last year – and this year, we're thrilled to be able to recommend the film. Starring Daisy Edgar-Jones (Normal People) as Kya, an isolated girl from the marshes accused of murder, this adaptation promises to be just as heart wrenching as the novel.

Where to watch: your local cinema!

Binge-worthy box sets...

Succession, Loosely based on Murdoch's empire and rife with familial power struggles, Succession has captured audiences and critics alike since its debut in 2018. Tensions and family betrayal reach new heights as the struggle for power over the last season has only intensified.

Where to watch: Sky TV.

WeCrashed, Starring Anne Hathaway and Jared Leto as Adam Neumann and Rebekah Neumann. WeCrashed follows the now infamous rise and fall of WeWork in 2019. With knock-out performances from its leading cast, WeCrashed is a must see for anyone who followed the original WeWork saga.

Where to watch: Apple TV.

The Drop Out, Amanda Seyfried takes on the role of Theranos CEO Elizabeth Holmes, in a performance rendered uncanny through a careful replica of Holmes's voice and mannerisms. Released in the wake of Holmes's conviction for fraud, The Drop Out offers an unnerving portrait of entrepreneurial ambition.

Where to watch: Apple TV.

The Queen's Gambit, Well worth a rewatch, the Queen's Gambit follows the life of Elizabeth (Beth) Harmon an orphaned chess prodigy as she aims to become the best chess player in the world. Touching and inspiring, the series charts not only Beth's life as she faces world-class opponents, but also her trials with addiction and loss.

Where to watch: Netflix.

Pachinko, We recommend both the novel and the TV show - Pachinko begins as the story of a young woman who, through the prospect of a better life for her unborn child, leaves early twentieth-century Korea for Japan. A family saga of epic proportions, set against a tense social and political backdrop.

Where to watch: Apple TV.

Perspective changing documentaries...

Ben Fogle: New Lives in the Wild

Ben Fogle ventures into the 'wild' to meet those who truly have left Western life behind. Following individuals seeking a more sustainable life and a certain closeness to nature, this in a liberating watch from city life. A must-watch for anyone considering a true escape to the country.

Where to watch: Channel 5.

Chef's Table

An old Netflix favourite, Chef's table follows the lives and creations of some of the world's greatest chefs. Beautifully shot, this feast for both eyes and soul will make you want to eat, if not cook.

Where to watch: Netflix.

BBC Storyville: USSR Ice Hockey Red Penguins: Murder, Money and Ice Hockey

From BBC Storyville, our eye has been caught this year by an episode on ice hockey. At first glance an unconventional choice of documentary, this Storyville episode offers an unprecedented look into Russia after the collapse of the USSR through the bizarre world of Russo-American ice hockey.

Where to watch: BBC iPlayer.

Outside of the box...

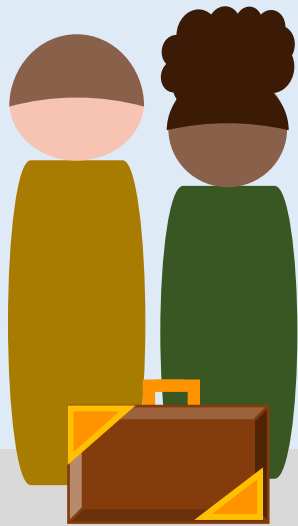
Podcasts: For our readers looking to stay in touch with the market over the summer, we recommend **Masters in Business**, where columnist Barry Ritholz discusses market trends with an expert guest in each episode. **Desert Island Risks**, hosted by our very own Emily Bohill, delves into the careers and minds of some of Real Estate's top players and is highly entertaining. For those looking for a break from the world of business, we recommend the **Off Menu** podcast, hosted by comedians Ed Gamble and James Acaster, sure to tickle any food lover's appetite. We also recommend **Backlisted**, a beautifully crafted podcast on overlooked books, for which the recent Stephen Fry episode on Oscar Wilde serves as a good entry point.

Exhibitions to catch in London: We recommend **Tiffany and Co.'s 'Vision & Virtuosity'** exhibition at the *Saatchi Gallery* – on until 19 August. For sports lovers, *The Design Museum* have an exhibition on **'Football: Designing the Beautiful Game,'** charting the designs behind the game and its most revered clubs and stadiums. For those on the look-out for a bit of nostalgia or family-friendly delight – do drop by the *V&A's* **Beatrix Potter** exhibition on her illustrations and stories of the natural world.

YouTube Documentaries: An excellent resource for the odd cat video, YouTube also features some fantastic free documentaries.

We recommend two this summer. First, **Carts of Darkness** (National Film Board of Canada via YouTube) provides a sensitive piece on the lives of a group of homeless men in Vancouver and their love of extreme sports and races. Second, we recommend, **the One-Armed Chef** series (Munchies via YouTube), which charts the travels of triple-amputee and ex-war photographer turned chef, Giles Duley, as he travels through areas of deprivation or war to showcase the enduring power of traditional cuisines in strengthening communities.

Day trips and train rides away!



Last year, we recommended activities that you could do in London. This year, we're looking beyond London, but staying green through these train rides:

- 40m. Windsor:** home to Windsor Castle and a beautiful deer park, a delight for all ages.
- 1h. Cambridge:** punt along the Cam, visit some old colleges, we recommend the Fitzwilliam Museum, with a David Hockney exhibition until 29 August.
- 1h. Oxford:** offers another day of punting and historic colleges, we note that the Ashmolean has just launched an exhibition of Pre-Raphaelite watercolours.
- 1h10m. Rye:** a historic town of cobbled stones and lovely country walks, be sure to stop by the sandy beaches of *Camber Sands*.
- 1h40m. York:** famed for its historical walls and magic 'shambles', as well as Betty's tearoom.
- 1h40m. Whitstable:** with a beautiful pebbled beach and a castle perfect for afternoon tea.
- 1h45m. Bournemouth:** known for its wonderful fans of the seaside, be sure to visit Dickens's house!
- 2h14m. Broadstairs:** perfect for bookish fans and World Heritage Site isn't too far away!
- 2h15m. Stonehenge:** this mythical place and World Heritage Site isn't too far away!
- 2h30m. Paris.** Get up early and spend the day in another city, catch an exhibition (we recommend the Henri Cartier-Bresson exhibition or Louis Vuitton's 'La couleur en fugue').
- 2h30m. Stratford-upon-Avon:** a perfect way to catch a play after visiting Shakespeare's home!

Do note that these timings are approximate – be sure to look out for the most direct routes on train operator websites!

On the move...

Anne Kavanagh has been appointed as the CEO of Telford Homes, as well as to the board of The Crown Estate. She brings extensive experience though her role as the CIO of Patrizia. **Clare Shine** similarly joins the board, bringing her expertise in sustainability through her role as Director and CEO of the University of Cambridge Institute for Sustainability Leadership.

Russell Chaplin joins Europa Capital as their new CIO. He joins from Intrinsic Value Real Estate Advisers, where he was CEO.

Westwind Capital have appointed **Mark Terry** as a Partner, CFO and COO. He joins from Tristan Capital Partners, where he was Senior Partner and Funds CFO.

Colin Throssell has joined NREP in London as their CFO. He was previously Head of Real Estate, Europe at Nuveen.

Elmar Schoonbrood has joined Multi Corporation as their Co-CEO. He leaves Blackstone where he was Managing Director.

Rob Rackind has become Credit Suisse Asset Management's Global Head of Real Estate. Until recently, he was Head of Real Estate at EQT.

Lorna Brown has been appointed as the new CEO of Birchwood Real Estate Capital. She moves from Delancey, where she was Head of Capital Markets.

Patrizia has appointed **Christoph Glaser** as their new CFO, leaving Home Credit where he was also CFO.

Melinda Knatchbull has left her position as COO at Schroders to join ImmoCap Partners as CFO and COO.

Invesco EMEA have appointed **Oliver Bilal** as Head of EMEA Distribution. He leaves his role at Natixis Investment Managers where he was Head of International Sales and Marketing.

Monica O'Neill has left Tristan Capital Partners, where she was a Managing Partner, for ImmoCap Partners, where he will be their Head of Capital and Investor Relations.

Matt Dimond has been appointed as Managing Director, Client Capital, at Sequoia Investment Management. He leaves Low Carbon where he was their Head of Client Capital.

Roberto Varandas has taken up the role of Head of Business Development, EMEA, at Europa Capital, leaving COS-Capital, where he was Managing Director and Head of Europe.

Sebastiaan van Loon joins Deutsche Bank, as Managing Director and Head of Real Estate Investment Banking from UBS, where he had held a similar role.

Richard Ellis has joined Arch Street Capital Advisors as Managing Director for Europe. He was previously the Co-CEO of Amiri Capital.

Bert-Jan Scheffer has joined Edmond de Rothschild REIM as a Managing Director in Business and Product Development. In his most recent role, he had been a Portfolio Manager at Shell Asset Management Company.

Edmond de Rothschild REIM have appointed **Matijn Vlasveld** as a Managing Director. He leaves CBRE Investment Management where he was a Director for Portfolio Management.

Matt Rafferty has been appointed as Head of European Real Estate Asset Management at King Street Capital, joining from Blackstone's asset management team.

Steven Storrs has joined CBRE Investment Management as Head of Portfolio Management for Indirect Real Estate. He leaves RBC Capital Markets, where he was a Director and Head of US and Australian Portfolio Management.

Lambros Reppas has started a new role at Silvertip Capital as a Managing Director with responsibility for asset management. He leaves a role as Managing Director and European Head of Asset Management for Micro Living and Residential at Corestate Capital Group.

Alexander Strassburger has left EQT Partners, where he was their Head of DACH and Benelux. He joins Lone Star Funds as a Managing Director.

On the move...

Andrew Creighton has joined Cromwell Property Group as their Head of Investment Management for Europe. He leaves Ayr where he was Head of Investment Management, Real Estate.

Jan Heusgen has joined Sienna Real Estate as a Managing Director. Until recently, he had been Head of Fund Management for Real Assets at Helaba Invest.

Delancey have hired **Martin Farinola** as their Head of Real Estate Debt Strategies. He joins from Brookfield Asset Management where he was Head of Real Estate Debt.

Stoneweg Group have hired **Rafael Cerezo** as their Chief Investment Officer. Prior to this, he was Fund Manager for Restructuring and Debt Solutions at M&G Investments.

LaSalle Investment Management has appointed **Rosanna Phillips** as a Managing Director in their debt team. She joins from Intriva Capital where she was a General Counsel.

Primonial REIM have hired a team of capital raisers and investor relations professionals. **Alex Tilson** becomes a Managing Director, International Business Development, leaving his previous role at Threadmark. Also in London, the business has hired **Sandra Burrows** as Head of International Investor Services, and **Dominic Palman** as a Director, International Services. Both join from Corestate Capital. Meanwhile, in Germany, Primonial have hired **Michael Klauke-Werner** as their Head of Institutional Sales DACH. Previously, he was a Director of Client Capital at Nuveen. Alongside him, **Patrick Schlump** joins as Head of Business Development, leaving Corpus Sireo/Swiss Life.

Derek Jacobsen, **Matthias Cordier** and **Maximilian Marquardt** have launched Kadens Capital, a pan-European real estate private equity fund focusing on growth-oriented real estate assets across major European markets. Jacobsen and Cordier previously worked together at Madison International Realty, whilst Marquardt joins the firm from Stealth Mode.

Michelle Doran joins MARK as their Head of Investor Relations from Tishman Speyer where she was Managing Director.

Stephen Miles has joined Schroders as Head of Capital Formation. Prior to this, he was an Executive Director of EMEA Capital Markets at CBRE.

Pictet Alternative Advisors has appointed **Amit Bhavsar** as their Head of Fund Finance, joining from Brockton Everlast, where he had been a Senior Financial Controller.

Europa Capital have appointed **Rachel Hanke** as a Managing Director. She joins from FREO, where she had been a Director.

Kevin Kong has accepted a role at LaSalle Investment Management as a Director for Value Add Investments. He joins from UBS, where he had been a Director in their Multi-Managers team.

Joseph Bridger has joined Kennedy Wilson as an Investment Director, leaving his previous role at Clearbell Capital.

Catella Residential have hired **Paul van Stiphout** as a Fund Manager. He joins the firm from CBRE Investment Management, where he had been a Global Portfolio Manager.

Patrick Au Yeung has been appointed as a Senior Fund Manager at Savills Investment Management, grow their living strategy. He leaves Catella, where he had been a Fund Manager for their European residential fund.

Charles Conrath has become a Deputy Fund Manager at CBRE Investment Management. He leaves QuadReal, where he had previously been a Senior Vice President, European Research and Strategy.

Joanna Tano has joined Columbia Threadneedle Investments as their new Head of Research. She previously held a similar role at BMO Real Estate Partners.

Philip Symonds has joined Argyll as an Investment Director, leaving his previous role at Addington Capital, where he had been an Equity Partner.

On the move...

Victoria Sandkvist has accepted a role as Head of Transactions at Brunswick Real Estate in Stockholm. She previously held a similar role at Kungsleden.

Monica Popescu has accepted a role at Henley Investment Management. She joins from Colliers in Germany, where she had been Head of Portfolio Investment and Advisory.

Nicky Wagner has become a Director of Investor Relations at NREP. He previously worked as Head of Real Estate Capital Raising at Fidelity International.

Mina Kojuri has joined Harrison Street as a Director with responsibility for capital raising in Europe. She previously held a similar role at AEW.

KKR have appointed **Fanny Jörwall** as a Principal in their Client and Partner Group in Stockholm. She joins the business from NIAM, where she was a Manager in their investor relations team.

Niamh Canavan has been appointed as Head of Investor Relations at Invel Real Estate, leaving her previously role at BNP Paribas Real Estate Investment Management.

Partners Group have appointed **Michel Greter** as their Real Estate ESG Lead. He joins from Asia Green Real Estate, where he had been an ESG Investment Manager.

Richard Quartermaine has become Head of Sustainability at Urban&Civic, leaving Hammerson where he had been a Retail and Leisure Director.

Russell Loveland has become a Director of Asset Management at Pradera, leaving his role as a Senior Portfolio Director at Landsec.

Richard Fell has moved from a role as Vice President for Clarion Partners Europe to join Trammel Crow Company as their Head of European Logistics Capital Markets.

Jenny Casebourne has been appointed as Head of Portfolio at The Pollen Estate. She leaves The Howard de Walden Estate, where she had been a Retail and Leisure Director.

Leo Shapland has joined Workspace Group as their Head of Portfolio Management. He leaves Aviva Investors, where he had been their Head of Central London.

Cain International have appointed **Robert van Vliet** as a Vice President, Asset Management. He joins the firm from Hammerson.

Pictet Asset Management have hired **Luca Berro** as a Vice President with responsibility for asset management. He joins the business from Blackstone, where he had been a Senior Associate.

Max Eves-van den Akker has joined Schroders in their real estate capital team, leaving Actis where he had been a Principal.

Courtney Bensen has accepted a role at Investindustrial as a Vice President, Investor Relations. She joins from Partners Group, where she had worked in their client solutions team.

Maurizio Gabbai has re-joined Brookfield in their client relationship management team. He returns from AGC Equity Partners, where he had been a Vice President.

Apollo have hired **Michael Lichtenegger** as an Associate, joining the firm from Sculptor Capital Management.

Tina Edvall has joined Hines as an Associate in their capital markets team. She joins from Corestate Capital, where she had been responsible for capital raising and investor relations.